IDAHO WORKERS' COMPENSATION INSURANCE PROGRAM IMPORTANT NOTICE

POLICY HOLDERS NOTICE OF LOSS CONTROL SERVICES

In compliance with the Iowa Workers' Compensation Insurance plan, we provide for our policyholders a broad range of Loss Control Services. When requested, our Loss Control Department is prepared to provide, at no additional charge, the following services:

1. Consultative services pertaining to the safety performance of your business and operations.

2. An appraisal of the various mechanical hazards, material handling methods, chemical and ergonomic exposures that may exist at your business.

3. Advice and assistance in the recognition, evaluation and control of occupational safety and health hazards.

4. Advice and assistance in coordinating and implementing employee safety and health programs.

5. Recommendations for corrective actions to address workplace hazards identified in conjunction with other services provided.

6. Assistance in developing a comprehensive safety and health program for your business, including the following elements:

- Safety Policy
- Safety Rules
- Safety Inspections, both Regular and Periodic
- Preventative Maintenance Programs
- Safety and Health Training Programs
- First Aid Programs
- Accident Investigation Programs
- Recordkeeping

(Note: Our representatives are ethically and legally required to submit recommendations for discrepancies and deficiencies discovered in the course of their consultations with you. Mandatory compliance may be required.)

Contact Us

Or detach the coupon below and mail to:

Amtrust North America

Cleveland, OH 44101-0446

Attn. Gina Forstman

P.O. Box 5446

If you wish to have the Loss Control Department provide any of these services for your business:

Telephone: (678) 258-8151

Toll-Free: 1-888-239-3909 (please ask for the Loss Control Department)

e-mail: <u>ARlosscontrol@amtrustgroup.com</u>

₽	
Yes, we are interested in Loss Con-	trol Assistance.
Company Name:	Policy Number:
Address:	
Telephone Number:	Person to Contact:
Position/Title:	

Workers' Compensation Quick Reference Guide

Carrier: Technology Insurance Company

Claim Administrator:	Amtrust North America
	P.O. Box 5446
	Cleveland, OH 44101-0446
	678-258-8000 Fax - 678-258-8399
	Toll Free: 888-239-3909

CONTACTS

Claims Analyst:	Terry Stewart	800-349-0373
Policy Svcs/Loss Control:	Gina Forstman	678-258-8105
Customer Service:		877-882-1305

YOUR DUTIES UNDER THE WCIP

- 1. Pay all premiums promptly and timely
- 2. Advise us or your agent of any material change in your corporate entity, location of business or a change in the nature of your business.
- 3. All claims must be reported timely.
- 4. Payroll and overtime records must be available at all times.
- 5. Allow reasonable access to your workplace for safety inspections during business hours.
- 6. Loss Control recommendations must be complied within specified time frames.

Lack of cooperation in any of these areas could result in cancellation.

YOUR RESPONSIBILITIES BEFORE & AFTER AN INJURY

1. Report all injuries immediately on the proper State Board forms.

- 2. Emergency Situations: In case of emergency send the injured employee to the closest emergency facility.
- 3. Assist injured employees in getting appropriate medical care.

Technology Insurance Company

For Worker's Compensation Claims

24/7 Toll Free Claim Reporting for All States





(888)239-3909

WorkersCompClaimReport@AmTrustgroup.com

www.amtrustfinancial.com

When a work injury is reported to you, simply email the claim report to the email address stated above. The state law requires the employer to timely and fully complete the State specific First Report of Injury form. You must have the following information available when you complete the claim form:

Information Required for All Claims Reported

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 ∕ –	

- 1. Name of employer (name as it appears on the policy is preferred).
- 2. 3. Policy Number, if known.
 - Injured employees': Name, Address, Phone, Social Security Number, Date of Hire and Date of Birth.
- Date, Time & Place of Incident
- Description of accident or incident 5.
- 6.
- Nature of Injury Name & phone for initial medical provider, if known. 7.
- 8. Wage Information





Optum PO Box 152539 Tampa, FL 33684-2539

MAKINGITEASY...

TO GET WORKERS' COMPENSATION PRESCRIPTIONS FILLED.

Optum has been chosen to manage your workers' compensation pharmacy benefits for your employer or their insurer. Below is your First Fill card that will allow you to receive your injury-related prescriptions at your local pharmacy. Please fill out the card based on the instructions below.

Injured Employee:



If you need a prescription filled for a work-related injury or illness, go to an Optum Tmesys[®] network pharmacy. Give this temporary card to the pharmacist. The pharmacist will fill your prescription at low or no cost to you.



If your workers' compensation claim is accepted, you will receive a more permanent pharmacy card in the mail. Please use that card for other work-related injury or illness prescriptions.

Most pharmacies, including Walgreens, our preferred provider, and all major chains, are included in the network. To find a network pharmacy call 1-866-599-5426 or visit



WORKERS' COMPENSATION PRES	CRIPTION DRUG PROGRAM
AmTrust North America	
CARRIER/TPA	EMPLOYER
INJURED WORKER NAME	
Please provide directly to Pharmacist	
SOCIAL SECURITY NUMBER	DATEOFINJURY (YYMMDD)
Notice to Cardholder: Present this card to th	e pharmacy to receive medication for
your work-related injury. To locate a pharmacy	: tmesys.com.

the date of injury and SSN combined as follows: YYMMDD123456789. Tmesys is the designated PBM for this patient. **Tmesys Pharmacy Help Desk** 1-800-964-2531 NDC Envoy 004261 002538 **RxBIN** or **RxPCN** CAL or Envoy Acct. # GROUP FF

Attention Pharmacists: Enter RxBIN, RxPCN and GROUP. Member ID # format is

NOTE: This First Fill card is only valid for your workers' compensation injury or illness.



Employer:

tmesys.com.

Immediately upon receiving notice of injury, fill in the information above and give this form to the employee.

The following entities comprise the Optum Workers Compensation and Auto No Fault division: PMSI, LLC, dba Optum Workers Compensation Services of Florida; Progressive Medical, LLC, dba Optum Workers Compensation Services of Ohio; Cypress Care, Inc. dba Optum Workers Compensation Services of Georgia; Healthcare Solutions, Inc., dba Optum Healthcare Solutions of Georgia; Settlement Solutions, LLC, dba Optum Settlement Solutions; Procura Management, Inc., dba Optum Managed Care Services; Modern Medical, dba Optum Workers Compensation Medical Services, collectively and individually referred as "Optum."





HACEMOS MÁS SENCILLO...

EL ABASTECIMIENTO DE LAS RECETAS MÉDICAS DEL PROGRAMA DE COMPENSACIÓN POR ACCIDENTES LABORALES.

Optum ha sido elegido para administrar los beneficios farmacéuticos de su programa de compensación por accidentes laborales para su empleador o su asegurador. Más adelante incluimos su tarjeta First Fill que le permitirá recibir las recetas médicas relacionadas con su lesión en su farmacia local. Llene esta tarjeta siguiendo las instrucciones que se indican a continuación.

Empleado lesionado:

Si necesita que se le abastezca su receta médica para una lesión o enfermedad relacionada con su trabajo, visite una farmacia de la red Optum Tmesys[®]. Entregue esta tarjeta temporal al farmacéutico. El farmacéutico abastecerá su receta médica bajo costo o sin costo alguno.

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Si se acepta su reclamación del programa de compensación por accidentes laborales, recibirá una tarjeta permanente por correo. Use esa tarjeta para otras recetas médicas de lesiones o enfermedades relacionadas con su trabajo.

La mayoría de farmacias, incluyendo Walgreens, nuestro proveedor preferido, y todas las grandes cadenas de farmacias, forman parte de la red. Para encontrar una farmacia de la red, llame al 1-866-599-5426 o visite tmesys.com.

¿Tiene alguna pregunta? ¿Necesita ayuda?



WORKERS' COMPENSATION PRE	SCRIPTION DRUG PROGRAM
AmTrust North America	
PORTADORA	EMPLEADOR
NOMBRE DEL TRABAJADOR LESIONADO	
Please provide directly to Pharmacist	
NUMERO DE SEGURO SOCIAL	FECHADEALA LESION (AAMMDD)
Aviso para el titular de la tarjeta: Presente es medicamentos para la lesión relacionada con visite tmesys.com.	

Attention Pharmacists: Enter RxBIN, RxPCN and GROUP. Member ID # format is the date of injury and SSN combined as follows: YYMMDD123456789.

Tmesys is the designated PBM for this patient.

Tmesys Pharmacy Help Desk 1-800-964-2531

R×BIN R×PCN GROUP	<u>NDC</u> 004261 CAL _FF	or or	<u>Envoy</u> 002538 Envoy Acct. #	

NOTA: Esta tarjeta First Fill solo es válida para una lesión o enfermedad cubierta por su programa de compensación por accidentes laborales.



Empleador:

Inmediatamente después de recibir un aviso sobre una lesión, llene la información antes indicada y entregue este formulario al empleado.

The following entities comprise the Optum Workers Compensation and Auto No Fault division: PMSI, LLC, dba Optum Workers Compensation Services of Florida; Progressive Medical, LLC, dba Optum Workers Compensation Services of Ohio; Cypress Care, Inc. dba Optum Workers Compensation Services of Georgia; Healthcare Solutions, Inc., dba Optum Healthcare Solutions of Georgia; Settlement Solutions, LLC, dba Optum Settlement Solutions; Procura Management, Inc., dba Optum Managed Care Services; Modern Medical, dba Optum Workers Compensation Medical Services, collectively and individually referred as "Optum."



RETURN-TO-WORK; A GREAT IDEA

We at the AmTrust Group, are convinced that an employer who provides light, or restricted work for injured employees, enjoys numerous benefits. This is not just an opinion, it's something we see day in and day out. Consider:

- Unless an injured worker returns to the workplace within 60 days, chances of him/her ever returning drop dramatically. (resulting in a very expensive permanent disability situation.)

Some Return-to Work Benefits Include:

- "Test" of malingering potential. Injured employees who refuse light duty are more prone to being malingerers.
- Opportunity for employer to demonstrate true concern for workers' well-being.
- Promotion of rehabilitation and recovery.
- · Lower medical and rehabilitation costs.
- Productivity.
- Morale improvement for the injured worker.
- Ability for the employer to monitor the injured employee's recovery progress.
- Decrease of WC claims costs, with resultant downstream WC premium savings.

(Notice we're not just talking about 'feel-good' issues, but also hard dollars !)

Some common misconceptions (and truths) about Return-to-Work / Light Duty:

Misconception: We've already got too many "programs" around here, and don't need any more paper.

Truth: While it is true a written, planned program works best, in many cases a Light Duty "program" can be nothing more than a management understanding of the benefits and principles of Return-to-Work, how it works, and the commitment to 'just do it', when light-duty recommendations are made by WC physicians.

Misconception: It will get me into an Americans With Disabilities (ADA) "situation".

Truth: Light-duty and ADA "reasonable accommodation" are two entirely separate issues. Generally, light duty is a temporary assignment, for a relatively short period. ADA accommodations are made for serious, permanent disabilities that impair major life activities.

Misconception: I'll have to devise a whole new job each time an employee needs light duty.

Truth: The vast majority of light-duty restrictions require accommodating only one or two factors, such as "no lifting over 10 pounds", or the like. In many cases, if you break the jobs down into individual **tasks**, you'll see that only one or two tasks within the employee's normal job are affected, and can be handled in some other way.

Misconception: Once an employee gets into a "cushy" light-duty job, s/he'll never leave it, and I'll be stuck with it.

Truth: Light duty is always defined by, and monitored by the attending physician. An employee on light duty is periodically monitored by the physician for improvement, and is released for full-duty as soon as medically indicated.

Misconception: We're a union company. Our union won't allow us to pay lower rates, or move employees between classifications, or between bargaining groups.

Truth: Any Local that objects to a Return-to-Work program should be referred to its national body for guidance. Return to Work is universally recognized as a very positive influence on an injured worker (as well as benefiting the employer). Labor unions, whose major purpose for existence is the benefit of the workers they represent, should not only "tolerate" Return-to-Work programs, but enthusiastically promote, and assist in such programs' implementation and operation. It is strongly suggested that management approach labor representatives to solicit their input, and assistance in making Return to Work a positive force in your workplace. **Misconception**: *I* might be willing to place a worker in a light-duty position, but I can't afford pay them their full pay, for the decreased productivity.

Truth: Talk to your WC insuror's claims professional. In many cases, states' WC plans provide for "make-up" pay to replace some, or all of the injured employees' decreased earnings. The goal of getting them back to the workplace, and doing some productive work is that important!

YOUR BUSINESS AND UNINSURED SUBCONTRACTORS

Many otherwise knowledgeable business owners utilize uninsured subcontractors for various services; unaware of the risks they are incurring for their businesses. An uninsured subcontractor is typically a business that does not provide workers compensation insurance for its employees. This may be because the business is a "one-man shop", and believes he wants to personally assume the risk of financial loss in the event of injury; in other cases it may be ignorance of the law; or an effort to avoid the cost of workers' compensation insurance. Uninsured subcontractors often appear as construction tradespeople, service firms (especially small operators), and others.

In truth, there are no uninsured subcontractors. When an "uninsured subcontractor" employee, (including a one-man business) is injured while working on your behalf, the courts have repeatedly held that it is in the public interest that you, the beneficiary of the sub's work, provide workers' compensation coverage for these "uninsured employees." You cannot opt out of this duty. No one can sign a document of any kind and relieve you of this responsibility. You are carrying these employees on your workers' compensation policy whether you want to or not, whether you even realize it or not. Because of this "involuntary coverage", when an insurance company auditor finds payment to uninsured subcontractors, he will treat this payment as your payroll, and you will receive a bill for additional premium. With high-hazard occupations, such as steel erectors, roofers, and others, you may be shocked to find that one or two uninsured subs have more than doubled your workers compensation premium! Some businesses, aware of this problem, use "hold-backs", "retainages" or "backcharges" of a set percentage of job cost, often 10% or 15% to try and offset the additional premiums they know they'll have to pay for using uninsured subcontractors. The problem with this is that each of the trades carries different rates, according to the relative hazard of the trade. Rates are expressed in dollars per hundred dollars of payroll, so there's an easy-to-see correlation in percentages. Rates not only vary by trade, but they can fluctuate from statetostate.

they can vary according to the rate filings of different companies, and they go up and down according to actuarial loss experience. Trying to obtain and keep up with this many rates is a time-consuming and unproductive task, well beyond the capabilities of most businesses.

You're probably aware that safety pays, and you make certain efforts to be sure your direct employees do not take unnecessary risks, do not work with unnecessarily dangerous or broken tools and equipment, and are protected from toxic materials. But a subcontractor might not take these precautions. And if his carelessness leads to employee injury, your claim history will be damaged.

RECOMMENDATIONS—

1.) Avoid using any uninsured subs, but especially high-hazard occupations such as roofing, carpenters, and painters. It is false economy to use uninsured businessmen who seem to offer lower costs. They may be operating outside the law, and in fact, are transferring the costs of their risk, and potential economic devastation, to you.

2.) Obtain current certificates of workers compensation (and other applicable coverage) from the sub's insurance agent or insurance carrier. Implement a hard and fast rule—"No insurance certificate—no check on Friday".

3.) You can easily keep copies of all certificates in a notebook, and check the expiration dates before giving work to a particular subcontractor. Copies of all certificates should be retained.

YOUR INSURANCE AUDIT -

At the end of your policy period, we will conduct an audit. In addition to tax documents, the auditor will ask for documentation of all wages paid to both employees and subcontractors. The auditor will also ask to see the certificates of insurance for each insured subcontractor. If you have a valid certificate that covers the time period that your sub was paid, this payment will not be charged to your work comp policy.

The auditor will ask for the first and last date that each sub was paid during your policy period. We are looking for the time range that each subcontractor was paid, so that we can ensure that this subcontractor had his own coverage during the time he worked for you.

If you take time throughout the year to request certificates and organize them, you will find it very beneficial at the time of audit.

WORKERS COMPENSATION - FIRST REPORT OF INJURY OR ILLNESS

	Employer (Name & Address incl. zip)		•••••	Ca		rator Claim Numb	er Repo	rt Purpose Coo	le
				Ju	risdiction	Jurisdiction Cla	aim No.		
<u>a</u>				Ins	sured Report N	lo.			
Genera				En	nployer's Loca	tion Address (if d	ifferent)		Location No.
	NAICS Code	Employer FEIN							Phone No.
	NAICO COULE								T HOHE NO.
	Carrier (Name, Address & Phone Nur	mber)		Po	licy Period	Claims Adr	min (Name, A	ddress & Phor	e Number)
dmin				То	I				
ms A					Check if	f			
Carrier/Claims Admin	Carrier FEIN	Policy Number or Se	If-Insured N	umber	insured	Administra	tor FEIN		
arrie	Agent Name & Code Number	-							
	Agent Mame & Code Multiber								
	Legal Name (Last, First, Middle)	Birth Date	Social	Security	Number	Date Hired		State of Hi	re
	Address (Incl. Zip)	Se:		Marit	tal Status Unmarried/	Occupation/Jo	b Title		
ovee			emale		Single/Div. Married	Employment S	tatus		
Emplovee	Phone	No. of Dep	nknown endents		Separated Unknown	NCCI Class Co	ode		
-									
	Wage Rate Da			# Days Worl # Hrs Worke		Full Pay for Da Did Salary Cor		Yes	No No
		te of Injury Time Illness Occur	red			k Date Date E	mployer Notif	ied Date Beg	e Disability
	Employer Contact Name/Phone Num		1		Ilness/Injury		Part of Bod		
	Did Injury/Illness Exposure Occur on				ness/Injury Co	de		y Affected Coc	le
8	Premises?	No		,	, ,			, ,	
urren		nt or illness exposure	occurred	4	All Equipment	, Materials, or Ch	emicals Empl	oyee Using up	on Occurrence
	Specific Activity Employee Engaged i	n at Time of Occurre	nce		Work Process	the Employee W	as Engaged i	n at Time of O	ccurrence
	How injury or illness/abnormal health condition occurred. Describe the sequent that directly injured the employee or made the employee ill.				e of events an	id include any obj	ects or substa		e of Injury
	Date Returned to Work				Moro Sofogua	irds or Safety Equ	inmont Drovi	Code	
	Date Returned to work	If Fatal, Date of Dea	alli		Were they use	, ,			Yes D No Yes D No
Physician/Health Care Provider (Name & Address) Hospital (Name &				Name & A	Address)			Initial Treatr lo Medical Tre	atment
Treatment							2 🗌 N	1inor: By Emple 1inor Clinic/Ho	sp
							4 🗌 H	mergency Car lospitalized – 2	24 hr.
er	Signature of Injured Employee, or Sig Date	inature on File,	Witness to	Acciden	t (Name & Pho	one Number)		nticipated Maj ïme	or Med/Lost
Other	Date Administrator Notified	Date Prepared	Preparer's	Name &	Title		Preparer	's Phone Num	ber
 Filin	g this report is not an admission of liz	ability. This report s	hall not be	evidence	e of any fact s	tated herein in a	w proceedin	a in respect of	the injury

Filing this report is not an admission of liability. This report shall not be evidence of any fact stated herein in any proceeding in respect of the injury, illness or death on account of which this report is made. Idaho Industrial Commission, P.O. Box 83720, Boise, ID 83720-0041 IC Form IA-1 (08/2013)

NOTICE REGARDING WORKERS' COMPENSATION INSURANCE

ALL WORKERS EMPLOYED BY THE UNDERSIGNED ARE HEREBY NOTIFIED THAT THE EMPLOYER HAS COMPLIED WITH THE LAW AS TO SECURING THE OF COMPENSATION то **EMPLOYEES** AND PAYMENT THEIR ACCORDANCE DEPENDENTS, IN WITH THE PROVISIONS OF THE WORKERS' COMPENSATION LAW.

		Employer
Date	_	
	Ву	
		Employer's Authorized Agent
An employee receiving an injury by accident must ir undersigned, who will provide medical attendance.	nmediately	notify his/her supervisor, superintendent, or the
Claim for compensation must be made in writing an	d given to t	ne employer. Forms for giving notice of injury and making

Technology Insurance Company P.O. Box 5446 Cleveland, OH 44101-0446

or upon application, by the Industrial Commission in Boise, Idaho.

claim for compensation will be furnished by the employer, by the surety,

NOTAR CON RESPECTO AL SEGURO DE COMPENSACIÓN PARA TRABAJADORES

SE NOTIFICA A TODOS LOS TRABAJADORES EMPLEADOS POR EL ABAJO FIRMANTE QUE EL EMPLEADOR HA CUMPLIDO CON LA LEY EN CUANTO A LA OBTENCIÓN DE EL PAGO DE COMPENSACIÓN PARA EMPLEADOS Y SU DEPENDIENTES EN CONFORMIDAD CON EL PROVISIONESDE EL LEY DE COMPENSACIÓN PARA TRABAJADORES.

		Empleador
Fecha		
	Por	
	_	Agente Autorizado del Empleador

Un empleado que recibe una lesión por accidente debe notificar inmediatamente a su supervisor, superintendente o al abajo firmante, quien le brindará asistencia médica.

La reclamación de indemnización debe hacerse por escrito y entregarse al empleador. Los formularios para notificar la lesión y reclamar una indemnización serán proporcionados por el empleador, por el fiador,

Technology Insurance Company P.O. Box 5446 Cleveland, OH 44101-0446

o a solicitud de la Comisión Industrial de Boise, Idaho.

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